



New York City is Ready for AKMG Ruby Convention

by Unnikrishnan Thampy, MD, Convention Chair

On behalf of the AKMG Convention team, I extend a warm welcome to all of you to the Ruby Convention to be held in the heart of the City that never sleeps.

The City that never sleeps- it's not just a flattery but that is exactly what it is, a city that is filled with life; life fuming in through every pore of the city and the best part is you will feel it in every pore of you when you are here. Our goal is to ensure that you feel it and get immersed in it and thence treasure it for the rest of your lives.

The elaborate preparations for the convention are actively underway with so many committees working so hard every day to achieve their goals and to go beyond the set goals to make the convention livelier. That's what everyone is trying- go beyond what they were asked for and I whole heartedly thank our efficient team from the bottom of my heart.

Regarding our President Dr. Thomas Mathew, any words I say may fall short of the efforts he has put up with and I just wonder how he is capable of doing all these amidst his hectic job.

During your stay in the City, we have plans for different types of experiences. Do not miss the Cruise on the Hudson on a cruise ship—not just a simple boat. Enjoy the tasty Kerala cuisines on board. I am sure it shall make your day, watching the skyscrapers filled with light along the

... Continued on page 11



Thomas P. Mathew, MD
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Change and Progress...

Progress is impossible without change, and those who cannot change their minds cannot change anything.

— George Bernard Shaw

CHANGE AND PROGRESS are intermingled in all organizations, and only when we yield to change can progress happen.

Working with the best team in AKMG I see changes coming through with more comradery and more participation. More and more Chapter Meetings are being held with the formation of an official Atlanta Chapter under the leadership of Dr. Raju Kulangara. I saw much enthusiasm with more young accomplished physicians taking the lead to the success-

... Continued on page 4

2019 AKMG New York Convention

Sheraton New York Times Square
July 25th–28th, 2019



Visit www.akmg.org for the latest convention info.

AKMG IRS Tax Exemption Nos.
AMKG# 363 465 523
AKMG-HS# 32-0051235

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See Convention Committee on page 4

Ruby Convention!



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Let's all meet at the AKMG Ruby Convention, July 25th-28th, 2019 in Times Square, New York!

I am so glad that our AKMG President Dr. Thomas Mathew, Convention Chairs Dr. Alex Mathew and Dr. Unnikrishnan Thampy and the fantastic NY Convention team have aptly named this as the **RUBY CONVENTION**. Look at what Ruby stands for, and you get the idea. **RUBY: When rubbed on the skin, Ruby was also thought to restore youth and vitality. For thousands of years, Ruby was considered the stone of love, energy, passion, power, and a zest for life. Like no other gemstone in the world, Ruby is the perfect symbol for powerful feelings.**

AKMG is an exclusive and elite club that we all belong to, with a very rich cultural heritage, Indian and North American and easily spanning two continents, Asia and North America with all the oceans between them. Imagine how AKMG has grown over the past four decades, from a few founding fathers who met in a small space in the late 1970's to our current annual conventions held in five star hotels that accommodate thousands in their huge auditoriums. Please do read "Who We Are" on akmg.org.

As we gear up for the New York AKMG Ruby Convention in July 2019, let me encourage all our AKMG members to register online, book the hotel room, bring youngsters from family, friends and acquaintances so that we can ensure the continued growth of this proud organization even as the elders fade away.

As you will see in the articles in this edition of the AKMG Reporter, Dr. Thomas Mathew and his team have enough recreational and educational activities lined up for all of us: members, spouses, children and guests. Also, there are articles about our upcoming conventions including the 7-Day Caribbean Cruise Convention in 2020 being organized by our President Elect Dr. Usha Mohandas and the Florida team.

Kindly remember to recruit new and young health professionals in the US and Canada into the AKMG fold. You may meet these youngsters in the hospital, community, church, mosque or temple. They need to know that we are eagerly waiting for them to join us. The AKMG membership criteria are very liberal-- As per AKMG bylaws, any person with any type of connection to Kerala by education, ancestry, marriage all are counted in the eligibility criteria. Dr. Tomy Kalapparambath, as the AKMG Membership Committee Chair, has done a wonderful job in recruiting new members. Let's all strengthen his efforts.

So many charitable activities have been carried out by AKMG-HS {Humanitarian Services} under the very capable leadership of Dr. Prem Menon for the past few decades, in North America and India. The fireworks disaster near Kollam and the recent flood disaster are very good examples wherein AKMG-HS has stepped in. Kindly read the articles in this Reporter for the specifics. Please do not forget to make your tax deductible donation to AKMG-HS. Please also consider doing so while registering for our New York Ruby Convention.

Once again, looking forward to seeing you all in New York!!!



**2019 AKMG New York Ruby Convention –
Registration Form is on page 7 and
can also be downloaded from our
website: www.akmg.org**

The Symphony Cruise Convention of AKMG in 2020!



Usha Mohandas, MD
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Hope you are all enjoying the spring flowers! Before we know it summer will be here and bring us all to the most vibrant city in the world – The Big Apple. The Ruby Convention team, under the leadership of Dr. Thomas Mathew and the Convention Chairs Dr. Unnikrishnan Thampy and Dr. Alex Mathew, are working hard to ensure that we have a memorable time in New York City. Many of us started our American medical journey in NYC and coming back is always a pleasure irrespective of how many times we have been there before.

On the Florida Chapter front, we had the Chapter meeting on March 16th 2019 with Dr. K. Moideen beginning his term as the new Florida Chapter President. He is an Oncologist in the Orlando metro area and a graduate of Calicut Medical College. We look forward to an exciting time in the Florida chapter under his leadership.

In the meanwhile, the 2020 AKMG Convention team under the leadership of Dr. Pradip Baiju have been working diligently in preparation for our 7-Day Cruise Convention (July 18th-25th, 2020) aboard the Royal Caribbean's "Symphony of the Seas" to "Experience Life in the Largest Floating City in the World". Starting from Miami, the ship will travel to three ports of call– the private island of Labadee, Falmouth, Jamaica and Cozumel, Mexico. Each of these destinations will allow you to soak in the local food and culture – from exotic Jamaican flavors to the ancient ruins of Mexico.

Registration for the "Symphony Cruise Convention of AKMG 2020" will open on July 27th, 2019 at the New York convention. As we are expecting a large contingent from India, the UAE, and UK, we will be providing a USA package tour as well. We look forward to seeing you in New York and kicking off the festivities for our most exciting cruise convention yet!



Attendees at the Florida Chapter Meeting held in Orlando, Florida, on March 16th, 2019.



2019 AKMG Ruby New York Convention

Convention Headquarters:
Sheraton New York Times Square
811 7th Avenue at 53rd Street
New York, NY, 10019
July 25th–28th, 2019

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From the President

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ful formation of the Atlanta Chapter. As always, the senior members must kindle the light of any organization and watch them grow as it happened in New York.

The Florida Chapter is actively recruiting new members as they are in the process of hosting our 41st Convention. Team Florida is all with much more enthusiasm and with leaders like Drs. Sunil Kumar and Usha Mohandas we can expect a great Cruise Convention. AKMG Canada under the safe leadership of Drs. Nigil Haroon and Raji Menon is vibrant. We are hoping to renew and rekindle Houston and Dallas Chapters of the Texas group of physicians. Chicago, Detroit and Michigan Chapters have always been active and they play a big role in the Conventions as always. Washington has been playing a lead role in helping to spread the word and getting the Convention Registration as much as they can.

AKMG Ruby Convention

Ruby Convention preparation is in full swing and those who have registered already know a lot of updates are being loaded through the WhatsApp group.

Our vibrant group of Physician Committee members under the leadership of two Convention Chairs (Unnikrishnan Thampy and Alex Mathew) are hard at work to make this the most memorable event for AKMG.

Entertainment, CME, Food, Accommodation, Transportation, Spouses, Sponsorship and Marketing Committees are hard at work. Regardless to say we are expecting the largest crowd of Past AKMG Presidents this year as all of them are excited to be part of this Ruby Convention. You will find more updates on the Convention preparations in the Convention Chair's message.

AKMG Humanitarian Services

We collected a record \$100,000 for Kerala Flood Relief project with the help of all of you and we are making sure the money is spent to benefit those who

need it. Dr Prem Menon will be updating on this in the Reporter.

AKMG Membership Drive

AKMG membership drive is currently in progress and I believe this is the best time to become a member of AKMG as the pricing is very cheap for life membership. Dr. Tomy Paul Kalapparambath is steering the initiative.

AKMG Mentorship Programs

Our Past Presidents Committee has almost finalized on the Mentorship programs and Bridging the Gap Initiatives which will be discussed in the New York General Body meeting. Our website, as you noticed has been more proactive and interactive in recent months, thanks to the great initiatives from Drs. Sunil Kumar and Nigil Haroon. The AKMG Reporter is still being published twice a year and its content and pictures have become more vibrant with the great selfless hard work of Dr. Krishna Prasad who makes so much effort to bring this out on a timely manner with the help of Dilip Gohil and family.

Attn: Medical Students

New York, for the first time, is allowing Medical Students who are interested in showcasing their abstracts, doing poster presentations or volunteering for the convention to register for free for the convention. We have sent out an appeal to all AKMG members to help us sponsor a Medical Student with a contribution of \$299. This appeal can be as a donation to AKMG or sent directly to our Convention Chair: Dr. Alex Mathew, 872 Abbott Street, East Meadow NY 11554

On a somber note, we lost a few of our colleagues during this past year and as we move forward, we wish to convey our heartfelt condolences to those families and their near and dear. We appreciate and remember all their support and services to our organization and the communities they served.

AS CHANGE HAPPENS, PROGRESS WILL FOLLOW THROUGH IN OUR ORGANIZATION without us even noticing it. Long live our comradery and our fellowships so that when we see each other year after year we can rejuvenate the friendship and be able to commit more effectively to the communities we serve and those we represent.

God Bless AKMG!





Nigil Haroon, MD
nigilharoon@gmail.com



Greetings AKMG.

I hope the advent of spring has brought out the tulips and hyacinths in your neighborhood. It's time to rejuvenate our spirits and prepare for 2019. Of course the major event this year will be the monumental AKMG Ruby Convention hosted by our passionate and diligent New York family. Words cannot describe their enthusiasm and drive to put up the best show ever in the history of AKMG.

As Teddy Roosevelt said, "Far and away the best prize that life offers, is the chance to work hard at work worth doing."

There is no place like home. In July we will all be going home to the birthplace of AKMG to witness a historic event of Leviathan proportions. I can't wait to see the mahamela being organized by Dr. Thomas Mathew and his team.

I take this opportunity to once again thank the generosity of our members that made our Kerala Floods fundraising activity a success. You will hear more about this from Dr. Prem Menon, Chair of AKMG-HS. Our Jeevajalam project covered Wayanad, Idukki and Kuttanadu. AKMG-HS released \$20,000 towards this project. It was matched by AKMG Canada fundraising efforts to a total of \$50,000. With the help of GlobalMedic and grants from various agencies, the project raised over \$100,000 which helped us provide the following equipment in Kerala. Clearly you can see the impact of the \$20,000 AKMG contribution that grew to a project more than 5 times that amount. A 15-page report will

be handed over to the Government of Kerala on behalf of AKMG. Combining the household and community filters distributed, we were able to help an estimated 20,000 people in Kerala. The following equipment was distributed:

I would like to share a gratifying experience with you at this time. Tony and Shireen Chirayilkalam, a lovely couple who led from the front in organizing the Ottawa convention, took a boat trip in Kuttanadu, to see how the place was doing. If you recall our efforts in the Jeevajalam project were concentrated on Kainakary, one of the most severely affected villages in the area. During the trip, their boat stopped at a local tea-shop and guess what they saw! The tea shop was using the filters that we supplied last year from North America. Our filter was providing clean water to boatloads of people visiting the area. No beauty is brighter than that of a good heart and you can see in the picture how incredibly proud our beautiful AKMG couple felt to see our logo proudly displayed.



Equipment	Quantity
Imerys AP Gravity Filtration Units	2700
Rainfresh Household Filtration Units	860
Aquaplus Household Gravity Filtration Units	350
AP700 Community Filtration Units	15
Hygiene Kits	1210



Our president Dr. Thomas Mathew is leading the efforts on developing a very impactful project in Kerala utilizing the remaining funds from our Kerala Floods initiative. Following extensive discussion, planning meetings and teleconferences, AKMG is at a good place where the members can be assured that the money donated will go the extra mile, thanks to matching dollars from our partners in this effort. More information will be released on the project as soon as the details are finalized.

Do good and good will come back to you. Dear AKMG family, be well and see you in the Big Apple!



Greater New York AKMG Chapter



Binu Chacko, MD
Secretary, AKMG Greater New York Chapter
binuchacko@aol.com

The Greater New York AKMG Chapter held routine quarterly meetings throughout 2018. The first quarterly meeting commenced with fundraising to support Pallium India (palliumindiausa.org) to help provide palliative care to the needy. Our guest speaker was none other than Dr. M.R. Rajagopal, palliative care physician and humanitarian, who was visiting from India to debut his documentary film about palliative care in India, Hippocratic. The donations were gifted to him at the theater after the movie debut in New York City.

Our June meeting was hosted at the Cotillion Restaurant with guest speaker Dr. Jacob Koruth, Assistant Professor of Medicine, Division of Cardiology Electrophysiology at Mount Sinai School of Medicine, NY. In July, we met with Mrs. K.K. Shailaja Teacher, Minister for Health and Social Justice, Government of Kerala. She sought support for her initiatives to start virology laboratory services in Kerala and to renovate the public health institutions in various districts of Kerala. In August, many AKMG members from New York attended and enjoyed the 2018 Annual AKMG Convention held in Ottawa. During the convention President elect Dr. Thomas P. Mathew took leadership as the 2019 National President and also launched the 2019 AKMG National Convention registration with great success.

Since August, all our young and talented group of physicians with our fearless leader and National President, Dr. Thomas P. Mathew, have stepped up and jumped into action and are tirelessly working towards organizing the 2019 convention. Under the leadership of co-chairs, Drs. Alex Mathew and Unnikrishnan Thampy, various committees were formed and are on track to make the convention memorable for every-

one. We are proud to host the 40th Annual AKMG National Ruby Convention this summer at Sheraton Times Square, New York City, to be held on July 25-27, 2019. We hope to celebrate the creation of the AKMG organization, 40 years ago in New York City, and we hope to see you all there.

The last meeting of the year, our Annual Gala Dinner event was attended by chief guests Senator Kevin Thomas, the first Indian American to be elected to the Office of New York Senate and Mr. Shatrughna Sinha, Deputy Consul General from the Indian Embassy. We also had guest speaker and author Dr. Sandeep Jauhar who shared excerpts from his book Heart: A History. The event included honoring few prominent physicians with Citations for their exemplary service to the community. It was also attended by newly registered young AKMG physicians and medical students.

The Greater New York AKMG Chapter is led by Dr. Palangat Radhakrishnan as the chapter president. Many of our members are also active behind the scenes organizing events, providing web support, arranging entertainment and CME programs. Without mentioning all their names, I extend my thanks to all for your outstanding support throughout the year. Last but not least, we thank our sponsors who have generously supported our events during the past year.

Membership Has Privileges!
Become an AKMG Life Member. TODAY.

AKMG Souvenir for the 2019 Ruby Convention



Palangat Radhakrishnan, MD
Chair, Souvenir Committee
2019 New York Ruby Convention

The AKMG 2019 Convention Souvenir is in the process of being prepared for publication and release during the Convention.

We are committed to present the attendees with a meaningful magazine that can be proudly displayed on their coffee tables. The pages will be filled with articles of interest not only to the medical community but also to their families. We are soliciting materials from members of AKMG and their spouses and children.

Anecdotes, poems, short literary pieces, anything that shows off your writing skills can be submitted for publication by the **submission deadline May 7th, 2019.**

We are also striving to give an opportunity to all members to have a

family picture in the souvenir at a nominal rate as it will help us to grow closer to other AKMG members by sharing our family photo.

Of course, in order to successfully bring out a nice journal it is important to have advertisements. We are open to all advertisements and all AKMG members can take this opportunity to help by advertising their own practice or one of their business colleagues.

Any questions regarding advertisements, articles, or photos or compliments may be addressed to: souvenirakmg@gmail.com

Submission Deadline: May 7th, 2019



2019 AKMG New York Convention Registration Form

July 25th, 26th & 27th, 2019 ♦ Sheraton Hotel Time Square

IMPORTANT: Early Bird Discount: Before 05/31/19

Cancellation Policy: 85% Refund by or before 06/30/19.

Check One Box: Life Member Annual Member Resident/Fellow/Med. Student Non-member
 Are you attending the AKMG Convention for the first time? Yes No

Last Name: _____ First Name: _____ MI: _____ M / F

Address: _____

City: _____ State: _____ Zip: _____ Country: _____

Home Phone: _____ Cell Phone: _____

Medical School Attended: _____ E-mail: _____

SPOUSE: Last Name: _____ First Name: _____ Physician? Y / N

Children: 1. _____ Age: ___ M / F 2. _____ Age: ___ M / F

3. _____ Age: ___ M / F 4. _____ Age: ___ M / F

Guests: 1. _____ 2. _____

Additional Names for Badges: _____

**NO ONSITE
REGISTRATION**

Note: *Proof of Training Required for Residents, Fellows and Medical Students

Grand Gala Banquet: Write Meal Choice and Number: Beef _____ Fish _____ Veg. _____

Seating for Banquet: Please let us know who you would like to seat with: _____ / No Preference

A CME				
Charge per person	EARLY BIRD BEFORE 05/31/19	AFTER 06/01/19	Number of People	Total US\$
AKMG Member	US\$ 150.00	US\$ 150.00		
Non-member	US\$ 175.00	US\$ 175.00		
Medical Students, Residents and Fellows*	FREE*	FREE*		
Sub-total for Section A (CME):				US\$
B REGISTRATION 3-DAY COMPLETE PACKAGE (See Sections C, D and E for other options)				
Charge per person	EARLY BIRD BEFORE 05/31/19	AFTER 06/01/19	#	Total US\$
Adults and Children above age 17	US\$ 800.00	US\$ 899.00		
Children age 2-17	US\$ 299.00	US\$ 299.00		
Medical Students, Residents and Fellows*	US\$ 299.00	US\$ 299.00		
Sponsored Medical Students (Terms and conditions apply)	FREE	FREE		
If you have selected this package, skip to Section F. Sub-total for Section B (3-DAY PACKAGE):				US\$

C DAY 2 (July 26th, Friday) AKMG GOT TALENT				
Charge per person	EARLY BIRD BEFORE 05/31/19	AFTER 06/01/19	#	Total US\$
WHOLE DAY: Adults and Children above age 2	US\$ 350.00	US\$ 400.00		
Sub-total for Section C (DAY 2):				US\$

D DAY 3 (July 27th, Saturday) GALA BANQUET NIGHT DINNER AND ENTERTAINMENT				
Charge per person	EARLY BIRD BEFORE 05/31/19	AFTER 06/01/19	#	Total US\$
WHOLE DAY: Adults and Children above age 2	US\$ 450.00	US\$ 500.00		
Sub-total for Section D (DAY 3):				US\$

E GUESTS ONLY: DINNER AND ENTERTAINMENT				
Charge per person	EARLY BIRD BEFORE 05/31/19	AFTER 06/01/19	#	Total US\$
July 25th, Thursday – Dinner Cruise**	US\$ 175.00	US\$ 200.00		
July 26th, Friday –Dinner & Entertainment (Talent Show)	US\$ 200.00	US\$ 250.00		
July 27th, Sat. –Dinner & Entertainment (Gala Banquet)	US\$ 300/person	US\$ 350/person		
	US\$ 500/Couple	US\$ 600/Couple		
Sub-total for Section E (GUESTS ONLY):				

****CRUISE SELECTION:** Cruise selection must be combined with either Day 2 or Day 3 Package. Cruise alone is only for guests. You will need to register them as your "GUEST".

F GRAND TOTAL for Sections A, B, C, D and E			US\$
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Make checks payable to "AKMG" and mail completed form and your check to:

Dr. Alex Mathew
872 Abbott Street
East Meadow, NY 11554

IMPORTANT INFORMATION:

Contact us for any questions:

Alex Mathew, MD
omasseril@gmail.com (516) 567-5930

NO ONSITE REGISTRATION.

Early Bird Savings before 05/31/19.

Cancellations: 85% Refund if cancelled by 06/30/19.

Medical Students, Residents & Fellows: Need proof of your training status.

Medical Students who are looking for free sponsorship (free registration only) must be able to participate in one of the following:

- (1) Poster presentation
- (2) 'AKMG Got Talent' presenter
- (3) Volunteering for Convention

Email to: akmgnyconvention2019@gmail.com

Registration Form is also available at www.akmg.org.

HOTEL RESERVATIONS:

Sheraton Time Square Hotel

811 7th Avenue, West 53rd Street
New York, NY 10019
Phone (212) 581-1000

Online Reservations: www.akmg.org

Book early to get discounted
AKMG rate of \$259 per night.

New York Airports: JFK, LGA and Newark

Discounts for Flights for individuals who are attending the convention from out of state:

Delta: July 20th – August 3rd –
Use Code "NY2QK"

United Airlines: July 22nd – July 31st –
Use Code "ZGG6"

AKMG Leadership Honored at Trivandrum Medical College Alumni Convention

A selected few of the senior AKMG leaders and veterans were honored at the Trivandrum Medical College Alumni Convention, February 16th-17th, 2019, including Drs. C. S. Pitchumoni, M. V. Pillai, Narendra Kumar, Krishna Prasad and Hari Parameswaran.



AKMG Atlanta Chapter

Photos from Atlanta Chapter meeting on March 16th, 2019 under the leadership of Dr. Raju Kulangara.



AKMG and Rotary Club International Join Hands for Flood Relief Projects



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Chair, AKMG Humanitarian Services
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AKMG in association with **Rotary Club International** is working together to rebuild houses destroyed or damaged badly in the flood-affected areas of Kerala as part of the AKMG-HS Project with the money we raised for Kerala Flood Relief Fund.



Approximately \$100,000 was collected out of which we have spent \$20,000 for **Jeevajalam Project** which was co-ordinated by Nigil Haroon (Secretary-Treasurer, AKMG) and our great Canada team. They distributed Home Water Filtration Units and Point of Source Water Filtration Systems throughout the most affected Kuttanad Village areas.

The **Rebuild Homes Project**, in association with Rotary International, has agreed to double the amount with Global Grant from International Rotary as promised by Ravishankar Bhooplapur (Rotary International) and Gov. E. K. Luke of Rotary Kottayam. The project has been approved by Rotary International and the Draft Project is in works at this time. Gov Luke and Ravi are keen to make this happen in the next six months and we hope our money will be wisely spent for the most deserving. Builders for this project will be Habitat For Humanity Inc., and will be built with strict guidelines from Rotary International.

The AKMG Governing Body has assigned Drs. Sunil Kumar, Nigil Haroon and Thomas Mathew to oversee the project and they will update as soon as they get more information.

Donate today to AKMG-HS Thank You!

Your contribution may be tax-deductible under IRS AKMG-HS# 32-0051235.

We need funds to continue our mission of helping those who need it in Kerala/India and North America.

Send your contributions to:
AKMG-HS, Attn: Dr. Prem Menon
5217 Flanders Drive, Baton Rouge, LA 70808

AKMG Membership Update



Tomy Paul Kalapparambath, MD
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Springtime Greetings!

AKMG membership is growing fast this year. As many of you already know, a very special discounted Life membership drive is going on now in connection with AKMG 40th (RUBY) Convention in New York. Please visit www.akmg.org for details. I humbly request our esteemed members to actively enroll new members and enrich our Association. Please let me know if there are any glitches and hurdles on our membership page on the web.

Young AKMG is the fastest growing group in AKMG and let us support them fully to increase their valuable participation and contribution to the vital growth of AKMG. They are our future leaders.

Let us also plan to attend the much-anticipated event of the year, AKMG Ruby Convention under the leadership of AKMG President, Dr. Thomas Mathew. I am happy to wish the Organizing team in New York all the best this year.

Please encourage new members to join AKMG @ www.akmg.org.

**AKMG Life Membership is Available at a Special Discounted Rate!!
Become an AKMG Life Member Today. Thank You!**

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river shores with a glass of wine in hand and the best snacks to munch on.

Apart from the CME, we have multiple other events including the Health Innovation seminar, and the Literary meet. At other break times,



you can choose to take a stroll in Central Park or row a boat in the lake, and try the different cute snacks on the way. Also, you can choose to see if the museum really comes to life at the Museum of Natural History, maybe you can re-enact the movie *Night at the Museum!* Get on the sail through the 42nd Street to Madame Tussauds and pose with the Pope, or get scared to death at Ripley’s Believe It or Not, or run the rink at the Rockefeller Plaza.

As I said before, we chose it to be in the city because it fills you with life, which I believe is what we value the most in us— life. So be a part of it, swim in it and let it extend a long-lasting life to you. Come and enjoy the Big Apple and cherish those moments for the decades to come. We have the Red carpet drawn out for you and are waiting with excellent gala events for the blast of your life.



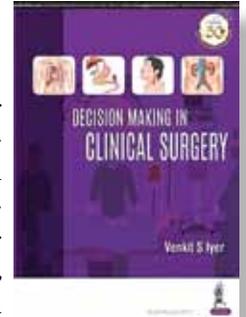
— Unnikrishnan Thampy, MD
Convention Chair, AKMG New York Convention



Books and Publications

Decision Making in Clinical Surgery

Author: Venkit S. Iyer, MD, FACS



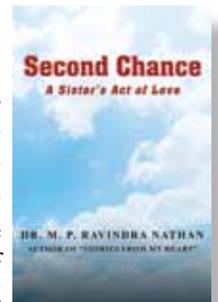
Dr. Venkit Iyer, a retired General and Vascular surgeon and a long time resident of Palm Harbor, Florida has published a medical book in surgery. The title is “Decision Making in Clinical Surgery”. It is written as a practical guide for use by medical students, post-graduate students, residents and interns and junior surgeons, in solving common surgical problems they encounter in daily practice. It is a symptom-based approach, a problem solving approach to what the patients or nurses bring up during rounds, in the clinic or emergency room. Simple language to the point, adequate number of quick reference boxes and tables make the book user friendly.



Dr. Iyer is one of the original founding members of AKMG. He is transferring his accumulated knowledge and experience of over 50 years in surgery to the benefit the younger generation. He has pledged all proceeds from sale of the book to charity in India. One can order the book through the publisher Jaypee Medical Publishers, New Delhi, www.jaypeebrothers.com

Second Chance: A Sister’s Act of Love

Author: Dr. M. P. Ravindra Nathan



Dr. M. P. Ravindra Nathan’s (Author of ‘Stories from My Heart’) book describes in detail the author’s long saga of his complicated kidney transplant surgery and highlights some of the issues involved in organ donation and transplantation. He shares his unique perspective regarding the role of kidneys in your body, what happens when they fail, what are the options for treatment, what is involved in getting a kidney transplant and how to adjust to a life after transplant.

This book takes you through the intricate details of how kidney failure could happen to anybody, even to someone who is apparently in good health. But “dis-ease” can happen to anyone—even doctors could become seriously ill, necessitating an organ transplant.

Ultimately, Dr. Nathan recommends, that we need to trust our own body—the beauty, resiliency and ability for its recovery, no matter how ravaged it is with disease processes. He hopes the readers will enjoy this book and find inspiration from his story. This book is very useful for patients with kidney diseases, prospective donors and recipients, physicians dealing with kidney diseases as well as the general public.



The book is available on www.amazon.com and www.bn.com.



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**40th Annual AKMG Convention
Sheraton New York Times Square
July 25th–28th, 2019**

AKMG Ruby Convention 2019

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